



SS. Peter & Paul Russian Orthodox Church

Diocese of New York & New Jersey * Orthodox Church in America
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Rev. David F. Garretson, Rector
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James Kornafel, Starosta

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9 Jeffrie Avenue
South River, NJ 08882

March 4, 2012

FIRST SUNDAY OF GREAT LENT—Tone 5—SUNDAY OF ORTHODOXY

Ven. Gerasimus of the Jordan; Ven. Gerasimus of Vologda; Ven. Joasaph of Snetogorsk; Right-believing Prince Basil of Rostov; Right-believing Prince Daniel of Moscow; Martyrs Paul and his sister Juliana; St. James the Faster of Phoenicia; The Translation of the Relics of Right-believing Saint Wenceslaus the Prince of the Czechs; St. Gregory, Bishop of Constantius

Epistle: Hebrews 11:24-26, 32-12:2

Gospel: John 1:43-51

* The Liturgical & Study Week Ahead *

(Second Week of Great Lent)

TODAY	4:00 p.m.	<i>Sunday of Orthodoxy Vespers</i> at SS. Peter & Paul Russian Orthodox Cathedral in Passaic	
Tues, Mar 6	7:00 a.m.	Lenten Matins	
Wed, Mar 7	5:30 p.m.	Confessions	
	7:00 p.m.	Liturgy of the Presanctified Gifts	
Fri, Mar 9	6:00 p.m.	Confessions	
	7:00 p.m.	Matins for the Departed followed by Confessions	
Sat, Mar 10	SECOND SATURDAY OF GREAT LENT—Memorial Saturday		
9:00 a.m.	Martyr Quadratus and those with him		
Divine Liturgy	Epistles: Heb 3:12-16		Gospels: Mark 1:35-44
	1 Thess 4:13-17 (Departed)		John 5:24-30 (Departed)
<i>(Confessions before Liturgy will begin at 8 a.m. Do not arrive later than 8:30 a.m.)</i>			
5:00 p.m.	Confessions		
7:00 p.m.	Vespers followed by Confessions		
Sun, Mar 11	SECOND SUNDAY OF GREAT LENT—Tone 6—ST. GREGORY PALAMAS		
9:00 a.m.	St. Sophronius, Patriarch of Jerusalem		
Divine Liturgy	Epistles: Heb 1:10-2:3		Gospels: Mark 2:1-12
	Heb 7:26-8:2 (St. Gregory)		John 10:9-16 (St. Gregory)
4:00 p.m.	<i>Lenten Mission Vespers</i> with His Grace, Bishop MICHAEL, at St. Gregory Palamas Church in Glen Gardner		

* What's Up in Our Parish *

A **Communion Breakfast**, hosted by the **Saint Anne's Guild**, will be held **TODAY** following Liturgy; **all parishioners and guests** are invited. Because of the meal, there will be **NO** Church School today. All classes will resume **next Sunday, March 11**.

Our intern priest, **Fr. Gerasim Eliel**, will be offering a five-week series entitled *Scripture 101: An Intro to the Bible* on Sundays, beginning **March 11** through **April 8**, during Coffee Hour. Join him this Lent as we journey together as a community of Scripture readers.

Gertrude Hawk Easter Candy Orders will be ready for pick-up in the church hall on **Sunday, March 18**.

The **Formal Installation of the 2012 Parish Council** will take place on **Sunday, March 18**, with a brief prayer service after Liturgy. The new Council's first meeting will be held on **Monday, March 19**, at 7 p.m., in the church hall.

As is customary in our parish during the season of Lent, the **Sacrament of Holy Unction** will be celebrated on **Thursday, April 5**, at 7 p.m. In a time when the world presents us with all manner of alternative therapies, self-help books and new-age healing techniques, it is important for us to remind ourselves that it is Christ Who heals us and redeems fallen creation with its suffering and pain. We must turn to Him for the healing of our souls and bodies. Therefore, anyone whose physical, emotional or spiritual health is seriously impaired is encouraged to attend. (**NOTE: Because Unction is intrinsically bound to the physical and spiritual healing that we receive in the life of the Church, we must approach this sacrament as we would Communion and seek to free ourselves of the sins that separate us from the fullness of life in Christ. Therefore, it is proper for those who are not regular communicants to be absolved of their sins through Confession before being anointed. If you have any questions, contact Fr. David.**)

* News That Matters *

STEWARDSHIP: TIME & TREASURE Attendance at Liturgy last Sunday was **137**.

MINISTRY DUTIES The Epistle will be read next Sunday by **Gregory Chup**. Coffee Hour will be hosted by the **St. Anne's Guild**. The church will be cleaned by **Team Berezniak**.

MEMORIAL (SOUL) SATURDAYS As Orthodox Christians, it is as natural for us to intercede for the departed as it is for those who are still alive. Our Holy Church teaches that the departed are no longer able to rectify their lives as they could on earth; hence, their only hope is for us to pray for them and to do good deeds in their name in order to cover any unrepentant sins that they might have brought into the next life. As an act of love and mercy, the Holy Church has set aside *Memorial (Soul) Saturdays* to publicly commemorate all her departed children. The first of this year's two Lenten Soul Saturdays will be **this Saturday, March 10**. The Liturgy on this day will be preceded by *Matins for the Departed* on Friday evening. A form was included in the January 29 bulletin to list the names of your loved ones who have departed this life in the hope of the resurrection unto life eternal. (*There are also extra copies still available at the Candle Desk.*) Please write their Christian baptismal names (first names only). Once completed, you can either drop it off in church or send it to the rectory. Remember: do not consider your dearly departed as dead—they are very much alive, only in another place. If they repose in glory, your prayers for them will come back to you, as those of the saints. Our bright and joyous faith teaches that someday, you will again see them in a renewed form.

CONGRATULATIONS to all the **Church School Children** who participated in the sacraments of Holy Confession and Communion this weekend. Through His Body and Blood, may our Lord Jesus Christ pour out the fullness of His grace and help them to lead lives of peace, happiness and blessedness for many years—Mnogaya Lyeta!

SITTING AND TALKING ARE NO-NOS The Orthodox Church teaches that when the Body and Blood of Christ are present and being administered to the faithful, one does **NOT** sit or chat with fellow parishioners; one stands and remains silent until Holy Communion is completed and the Gifts are returned to the Altar. An exception is made only for the elderly or infirmed. The same can be said for those approaching the Chalice. Everyone should be in prayerful anticipation—that means **NO** talking, like one is waiting in a supermarket checkout line. Remember that the traditional and fully acceptable posture for prayer and worship is to stand and be silent, especially during this most important part of the Liturgy, regardless of whether or not you are partaking of the Eucharist.

THANK YOU to **Mirjana Dostanich** for preparing the *koliva* (boiled wheat sweetened with honey and nuts) that was blessed and consumed on Friday evening following Compline and Litiya for the Commemoration of St. Theodore the Recruit and St. Raphael of Brooklyn. Her generous goodness was appreciated. May the Lord bestow on her continued good health and long life.

LENTEN FOOD BANK CHALLENGE Lent is often viewed as a time for giving something up. This year, you are asked to think about giving **TO** something during this season of preparation for Pascha: the **South River Food Bank**. For the 15th straight year, food bank agencies around the US are invited to participate in the **Alan Shawn Feinstein \$1 Million Giveaway to Fight Hunger**. The members of the South River Board of Health and the staff of the South River Food Bank are enthusiastically taking up this challenge

by soliciting donations during March and April. All food and monetary offerings made to the Food Bank during these two months will help it receive a larger donation from the Feinstein giveaway. Detailed information is available on the flyer posted on the bulletin board near the kitchen. Donations of food can be left on the table in the church hall vestibule. Any monetary contributions can be placed in an envelope marked "*Lenten Food Bank Challenge*" and given to Paul Zelanko. Thanks for your support!

WRITING A WILL is certainly not on anyone's *Top 10 List of Favorite Things to Do*, but have you thought about how this important document can reflect your spirit of Christian charity? As an Orthodox Christian, you have the responsibility to return to God a portion of the material blessings received in life. By including in your will a contribution to the parish, your love and devotion to its work and divine mission can continue for many years to come. Please give serious consideration to this matter, remembering these words: "*Christians show what they are by what they do with what they have.*"

IN YOUR DAILY PRAYERS please remember the following parishioners, family members and friends:

Departed

Adriana
 Protopresbyter Joseph Kreta
 Protodeacon Michael Stulpin
 Benedetto Pelleriti
 Carol Ann Jewels
 Isabelle Teszla
 Michael Mann

Sick

Elaine Ashton
 Irene Boule
 Edward Romanofsky
 Walentyna Posluszny
 Alan Zenkert
 Michael Dargento
 Julia Glazer
 Joseph Casale
 Donna Casale
 Lasha Giorgi Pozidis
 Dorothy Swenticky
 John Cameron
 Katherine Tarzewski

 Martha Drobnak
 Dorothy Sopchak
 Margo Stewart
 Barbara Wyluda

 Arlene Krell
 Beverly Vietti
 Adam Huba
 Thea Casale
 David Hebert
 Robert Smith
 Thomas Roche
 Theresa Rogozenski
 Olga Romanofsky
 Alyssa Rosatelli
 John Bihuniak
 Larry Kimpart
 Patricia Cottrell
 Elaine Schwartz
 Athene Demitry

 Timothy Magee
 John Centrello
 Nancy Filak
 Charles Csenica
 Barbara Parhizgar
 Mikola Zakrewsky
 Kim Walker

Dennis Silowka
 Alexandre Kurtanidze
 Darren Flynn
 Beth Williscroft
 Malcolm Bradford
 Barbara Longo
 Charlene Sofer
 Brenda Foster
 Paul Pavlik
 Stavroula Parks
 Priest Herman Schick
 Subdeacon Basil Quinn
 Archpriest Thomas
 Edwards
 Eva Fedash
 Olga Kozlov
 Bishop NIKON (Liolin)
 Archpriest Alexander
 Atty
 Ivert (Fred) Kirkirt
 Melissa
 Anna Janiszewski
 Archpriest Paul White
 Myrna Woznica
 Joseph (Jay) Pelleriti
 Daniel Parker
 Jean Catherine Brooks
 Samuel Garretson
 Jami Porzi
 Richard Baylor
 Joseph Posluszny
 Gilson Costa
 Pearl Blower
 Presbytera Florence
 Cassar
 Patricia Franchino
 Sophie Teszla
 Natalie Teszla
 Jonathan Zdybel
 Ellie Jacobs
 Mary Rock
 Louis Silva

Servicemen

Ivan Shidlovsky
 Lisa Beard
 Gregory Nosol
 June Buyofsky-Rittman
 David T. Floyd
 Patrick Lohr
 Keith Sudder
 Priest Paul Rivers
 Patrick Baldwin
 Timothy Stepan
 Michael Gregus
 Peter Shaw
 Jacqueline Martinez

 Karen Bonet
 David Gambert
 Fred Bush
 Travis Hartman

 Elizabeth Brent
 Kyle Abbott
 Priest Sean Levine
 Gary Amatrudo Jr.
 Steven Moore
 James G. Teller

If you have a friend or loved one for whom you would like us to pray, please contact Father David or Starosta.

BRING A FRIEND along with you to church. Encourage your relatives to attend services faithfully. It our Christian duty to help others find Jesus. Apostle Andrew brought his brother Peter to God...let's follow his example!

LITURGICAL REMINDERS The **Hours** start the Divine Liturgy and they begin at **8:45 a.m.** on Sundays and holidays. **Liturgy** itself begins at **9 a.m.** with “*Blessed is the Kingdom...*” and ends with the final Blessing of the Cross. Liturgy is also a teaching tool; Church School is **NOT** a replacement for it.

THE RUSSIAN ECCLESIASTICAL MISSION (REM) IN JERUSALEM Since its inception in 1858, the REM in Jerusalem has been the guardian of sacred sites in the Holy Land and other areas of Palestine. Thanks to the past charitableness of donors throughout the world, over \$1 million has been sent over the last 14 years to provide material aid to our holy convents in Gethsemane and the Mount of Olives, as well as the *Skete of Saint Chariton*. The needs continue to be extensive and financial assistance is humbly requested in support of these monastic endeavors. Please send whatever you can to *REM, 75 East 93rd Street, New York, NY 10128*. May the Lord reward you a hundredfold for your generosity and may He enable you, one day, to visit the places where He lived and fulfilled our salvation.

SPRING FORWARD Don’t forget to set your clocks **one hour ahead** before you go to bed this Saturday evening; it’s time to “spring forward” to daylight saving time. Don’t be late for church!

NO LONGER IN SERVICE The phone in the church hall vestibule is no longer in service; the number has been removed from the bulletin masthead.

THE WINTER 2012 ISSUE OF JACOB’S WELL, our diocesan publication, has just been published; hard copies are available at the Candle Desk. You can also view and/or download this issue online at our diocesan website, www.nynjoca.org.

CONFESSION & COMMUNION OF SHUT-INS Fr. David would like to make sure that all parishioners at home, in retirement communities or in specialized care facilities participate in the sacraments of Holy Confession and Communion this Lent. Although he has a current listing, it may have erroneous or missing information. Therefore, if you know of someone who may not be on the list and would like to be confessed and communed at home, please let him know **as soon as possible**.

GOD’S BLESSINGS are wished upon **John Kozak, Elaine Cerekwas, Joshua Chup, Nicholas Berezniak Sr. and Caroline Trebino** who are celebrating their birthdays this week. Belated greetings are also extended to **Barbara Horsky and Amanda and Maximilian Anatoly Lupkin** whose “big days” were yesterday. May our Lord continue to be in their lives for many years—Mnogaya Lyeta!

UPDATING OUR RECORDS is an ongoing process. Because we are a large parish with members living in many counties throughout the state, staying on top of this can, at times, be difficult. You can help. We would like to have all parishioner information be correct or corrected; therefore, if you have recently moved and/or changed phone numbers or names (through marriage, separation, divorce, death, etc.), please let Fr. David or Starosta know. Your assistance in this project will be most appreciated.

THE DEADLINE to submit all info for next Sunday’s bulletin is **Thursday evening**. Get in touch with Fr. David at the rectory or contact our Bulletin Editor, James Kornafel, by phone (732-462-3388), fax (732-845-3515) or E-mail (jimmyk@optonline.net).



By the grace of God, we now enter the second week of Great Lent. Many of us have probably already said the following, either to ourselves or aloud: “One down, six to go.” There’s nothing wrong with feeling that way, for the Holy Church knows how hard it is to change the routine of our everyday lives. Abstinence, be it from food, drink or other worldly pleasures, is an effort. Trying to find time to read a spiritual book, meditate or pray can be impossible. But that is why this holy season has been given to us: not to make our lives more difficult, but to remind us of what is most important—our soul and its salvation. By not succumbing to earthly impulses, passions and other bodily desires, we become stronger in faith, in hope and in love, drawing ever closer to the Lord.

The Lenten days ahead will seem longer and more arduous. Hang in there! By turning our attention from the earthly to the heavenly, life will take on new form and new purpose and the full meaning and glory of Christ’s Lifesaving Passion and Holy Resurrection will be more evident and joyous.

✱ The Liturgy of St. Basil the Great ✱

The **Liturgy of St. Basil the Great** is served on all the Sundays of Great Lent. In essence, it is just like the usual Liturgy of St John Chrysostom, except that the Eucharistic prayers of the priest are substantially longer and intensely theological, summarizing all the main tenets of Christian belief. A variant *Hymn to the Theotokos* is sung and a different *Prayer of Thanksgiving* following Holy Communion is recited. Check the *Table of Contents* of the Liturgy prayer books in the pews to find the appropriate pages.

✧ *The Liturgy of the Presanctified Gifts* ✧

The Liturgies of Saint John Chrysostom and Saint Basil the Great are truly joyous celebrations of our Faith, similar in exuberance and happiness to the Feast of Feasts, Pascha. Because such joyfulness is not in order during the penitential season of Great Lent, the Holy Fathers prohibited these liturgies to be celebrated except on Saturdays, Sundays and the Feast of the Annunciation. In its place, to provide the fasting, penitent Christian with the strength of the Body and Blood of Christ to continue his/her earthly and spiritual struggle and fulfill the strict fast, the **Liturgy of the Presanctified Gifts** was instituted.

The Presanctified Liturgy is an evening service traditionally celebrated on Wednesdays and Fridays, although some churches will serve it in the morning. All the faithful attend, after fasting the entire day or, at least, observing total abstinence following a light meal eaten before noon. It is made up of elements drawn from Vespers and Divine Liturgy, omitting the consecration. The gifts of bread and wine are offered and sanctified at the Liturgy on the previous Sunday; hence they are *presanctified*.

This service is one of the most beautiful and meaningful in the Holy Orthodox Church. It truly captures the repentant characteristic of the Lenten period. The prayers are simple, eloquent and clear. Hearing them, one cannot help but be moved to ask God for His forgiveness and sanctification of one's body and soul.

Please make every effort to attend. There is no doubt that it will help you during this time and give you the strength to "fight the good fight" and reach the great day of the Holy Resurrection of Our Lord.

*[A frequent question asked by many who attend this Liturgy is: "When do we kneel and when do we prostrate (full bow with head to the floor)?" In order of the service, a **prostration** is done before the second Old Testament reading, when the priest brings out a candle and intones "Wisdom! Let us attend! The Light of Christ illumines all men!" **Kneeling** occurs during the singing of "Let My Prayer Arise..." after which the Prayer of Saint Ephraim is recited, with **prostrations**. During the Great Entrance with the Presanctified Gifts, a **prostration** is done. The Prayer of Saint Ephraim is again repeated, with **prostrations**. Finally, **kneeling** takes place during the Lord's Prayer.]*

✧ *Annual Easter Bazaar – March 31, 2012* ✧

The weeks of hard work and preparation for our **Annual Easter Bazaar** have begun. Last year, we had quite a number of participants and this year, we hope, will be no exception.

This year's "eggstravaganza" is scheduled for **Saturday, March 31**, from 10 a.m. to 4 p.m., in the parish hall. There will be a wide assortment of delectable Lenten and Paschal foods for sale, including pierogies, kielbasa, babkas and dessert rolls, as well as arts and crafts for the upcoming holiday. There will also be a few gift basket raffles and church tours.

Our Bazaar Co-chairmen, Patricia Larkin (732-605-1351) and Jay Pelleriti (732-257-4478), are asking for as much assistance as possible. The more helping hands, the smoother this event will run. Contact them—any time you can offer is appreciated.

Pierogie-making is scheduled for **Friday-Saturday, March 16-17**; volunteers are needed on both days starting at noon and 10:30 a.m., respectively. Any questions should be directed to Rebecca Kozak (973-378-2443).

Fresh kielbasa orders are being handled by Michael Burak (732-254-0879); a 2-lb minimum is requested. The order deadline is **Sunday, March 18**. Assistance to make the sausage is needed on **Thursday-Friday, March 22-23**. Those of you who have not helped in the past are encouraged to do so and learn something new; see Mickey for details.

Babka orders are being taken by Debra Jones, via phone (732-238-0735) or E-mail (dshaluha@comcast.net), through **Sunday, March 25**. Get them in early and often! This year's variety includes cheese, cinnamon crumb, prune, poppy, raspberry (NEW), apricot and raisin for \$9.50 and raspberry cheese, apricot cheese (NEW) and chocolate cheese (NEW) for \$10. Orders can be picked up in the hall on **Thursday, March 29**, between 2 and 7 p.m.

Get the word out and bring your family, neighbors, acquaintances and co-workers for a day of fundraising, friendship and community. Tell everyone to avoid all the crowds at the supermarkets and get their delicious Easter basket goodies easily and conveniently. We're counting on your support!

Glory to Jesus Christ!

Glory Forever!